



Immerse yourself in the tranquil atmosphere of Tea Tree Spa, a beautifully renovated haven designed to rejuvenate your body and mind. Whether you're seeking a soothing massage or a complete spa experience, our skilled therapists are here to engage your senses and revitalise your spirit.

Our spa menu features a range of treatments to cater to your every need, from invigorating body scrubs to restorative facials. Each session is tailored to promote relaxation, renewal, and an overall sense of well-being.

**Tea Tree Spa, Holiday Inn Pattaya**

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# DELIGHT

Feeling tense? Relax in the hands of our skilled therapists – perfect for those who need to unwind.

## Traditional Thai Massage

A firm massage practiced for hundreds of years, designed to work the knots out and release energy into the body.

60 min THB 1,500  
90 min THB 1,800  
120 min THB 2,200

## Traditional Thai Massage with Herbal Compress

A herbal compress, called 'luk pra kob' which includes a selection of therapeutic herbs wrapped in muslin cloth is steamed and applied directly onto the skin to soothe tired muscles

90 min THB 1,800  
120 min THB 2,200

## Aromatherapy Signature Massage

A classic medium pressure massage that harnesses the therapeutic effects of essential oils to bring the body into balance and harmony.

60 min THB 1,900  
90 min THB 2,500  
120 min THB 2,800

## Aromatherapy Massage with Herbal compress

A herbal compress, called 'luk pra kob' which includes a selection of therapeutic herbs wrapped in muslin cloth is steamed and applied directly onto the skin to soothe tired muscles

90 min THB 2,700  
120 min THB 3,000

## Deep Tissue Massage

Using firm pressure, this massage will reach the deeper layers of the muscle to release tension and re-energize your core.

60 min THB 1,900  
90 min THB 2,500  
120 min THB 2,800

## Himalayan Hot Stone Massage

Himalayan Hot Stones are used as an extension of the therapist's hands to provide a deep sense of relaxation and improve blood circulation.

90 min THB 2,200  
120 min THB 2,600

## Indian Head Massage

An ancient practice, Ayurveda focuses on the three 'chakras' - mind, body and spirit. This is a relaxing massage for the head and neck.

60 min THB 1,400

## Head, Back and Shoulder Massage

This is a firm massage designed to focus on the head, back and shoulder to release tensed muscles from a day sitting at the desk.

60 min THB 1,600  
90 min THB 1,800

## Foot Massage

Take the weight of your feet and enjoy some 'sole pampering' to get back that spring in your step

30 min THB 600  
60 min THB 1,000

## Office Syndrome Reliever

A targeted massage focusing on neck, shoulders, and back to relieve muscle tension from prolonged sitting. Combines deep tissue techniques and stretching to ease discomfort and improve posture. Perfect for desk workers.

60 min THB 2,000  
90 min THB 2,700



## INDULGE

Satisfy your senses and indulge in our Tea Tree Signatures. Enjoy a complete package with our meticulously put together Tea Tree Signature Experience or create your own!

### Tea Tree Signature Experience

150 min THB 3,500

The ultimate experience, this treatment will leave you with a new zest for life.

An exfoliation will cleanse and leave the skin ready to receive the maximum benefits of an aromatherapy massage, during which hot stones will be applied to your back, releasing heat and energy into the muscle groups. A quick facial completes the session, leaving you radiant, hydrated and ready to face the day ahead.

- 30 min Body Exfoliation
- 90 min Himalayan Hot Stone Massage
- 30 min Express Facial

## PAMPER

Everyone needs to be spoiled once in a while. These spa treatments will be sure to wash away all worries and leave you fresh to face a new day.

### Tiean Prakrai Candle Massage

90 min THB 2,200

A warm candle massage is a massage that uses a warm, aromatic candle oil to nourish the skin and relax the body. A foot massage, also known as reflexology, is a massage that focuses on the feet to improve circulation and relieve stress. 60 min Warm Candle Massage and 30 min Foot Massage

### Siam Signature

120 min THB 2,300

Tried and tested through the generations, this traditional treatment is a wonderful opportunity to capture the spirit of Pattaya. This treatment combines a traditional Thai herbal hot compress and foot massage.

90 min Thai Herbal Hot Compress and 30 min Foot Massage

### Hold My Calls

90 min THB 2,500

Press pause on your hectic day. Regain composure and balance with an exfoliation, followed by a calming aromatherapy massage.

30 min Body Scrub and 60 min a Thai or Aroma Massage

### Time to Glow

120 min THB 3,000

A medium pressure massage, followed by a rejuvenating facial that will hydrate your skin and leave your face with a soft glow.

60 min Thai or Aroma Massage and 60 min Facial treatment

### Enhance Your Energy

120 min THB 3,100

The aromatic herbs in the compress balls provide an additional dimension to the massage experience. Followed by facial treatment of professional exfoliation and deep serum treatment to provide you with visible results fast. Experience brighter and healthier skin.

90 min Aroma Herbal Hot Compress Massage and 30 min Express Facial

### Double Bliss: Four Hands Massage

90 min THB 3,200

Experience ultimate relaxation with two therapists applying synchronized pressure to release muscle tension and stress. This session includes aromatherapy for full-body relaxation and an Indian Head Massage with warm coconut oil, focusing on your body, mind, and spirit.

75 min Four Hands Massage with Aromatherapy and 15 min Indian Head Massage with Warm Coconut Oil

### Soul to Sole Wholeness

150 min THB 3,500

Because there are times that we should reward ourselves and indulge. Exfoliation will freshen up the skin in preparation for the relaxing aromatherapy massage followed by a rejuvenating facial.

30 min Body Scrub, 90 min Aroma Massage and 30 min Express Facial

### Couple's Retreat

120 min THB 6,000  
(Per couple)

Pamper yourself and your partner with a complete classic massage, a gentle body scrub to freshen up your skin and get your blood circulation, and finally a facial to leave you glowing.

30 min Body Scrub, 60 min Thai or Aroma Massage and 30 min Express Facial

## SUPPLEMENTS

Facial Treatments by Dermalogica

### Express Facial

Feel fresh, fast. For those tight on time – this mini facial incorporates a cleanse, tone, exfoliation and moisturize just in 30 minutes so you can look your best

30 min THB 1,400

### Intense Hydrating Facial

The classic facial, this intense hydrating facial will leave your face soft and supple as it reverses the effects of harsh air conditioning and modern lifestyles.

60 min THB 2,000

### Men's Purifying Facial

A simple no-fuss facial to cleanse, tone and rehydrate the skin.

60 min THB 2,000

### Anti-Aging Facial

To combat your hectic travel, work and social life, this intensive facial is rich in natural antioxidants to nourish the skin and restore vitality.

60 min THB 2,200

## BODY SCRUBS

### Body Scrub

To remove dead, dry skin and restore total balance to your body, mind and spirit. This rejuvenating treatment uses your choice of scrub and is a perfect preparation for other treatments to follow. \*\*\*We have four choice of body scrub\*\*\*

45 min THB 1,000

### Body Masque

An Aloe Vera body masque to sooth sun burn, perfect for those who have spent a long day in the sun. A Dead sea Clay body Cleanse to detoxify and moisture your skin. A Smooth Firming Body Mask help to booth you skin getting frim and anti-cellulite

45 min THB 1,000



## KIDS MENU

For children aged 6-11 years, who need a little pick me up.

### Happy Feet

A child foot massage is a gentle, soothing practice that involves massaging the feet of a child to promote relaxation, relieve stress, and ease discomfort.

30 min THB 600

### Warm Sunshine Pat

A relaxing oil massage created to introduce your child to their first massage

30 min THB 600  
60 min THB 1,000

### Little Tropical Spa

- 30 min Aroma Massage with 30 min Mini Foot Massage to pamper your little one
- 45 min Aroma Massage with 15 min Mini Facial Fresh Yoghurt treatment to pamper you little one
- 30 min Aroma Massage with 30 min Honey Sesame Seed Body Scrub to pamper your little one

60 min THB 1,000

\*\* All children must be accompanied by a parent or guardian during their visit

Prices are inclusive of 10% service charge and 7% government tax.