



## **The Tea Tree Spa**

The Tea Tree or *Melaleuca Alternifolia* is a small understated shrub that has been used as an alternative medicinal treatment for centuries. Similarly, the Tea Tree Spa at Holiday Inn Pattaya is an unpretentious, calm and refreshing sanctuary from the stresses of life where you can relax the body, soothe the soul and feel the spirit soar. Whether you are here for a quick straightforward massage or to pamper yourself silly, our professional therapists are will be sure to engage your senses and ensure a positive uplift and renewal of energy.

# Delight

Feeling tense? Relax in the hands of our skilled therapists - perfect for those who just need to unwind.

<b>Traditional Thai Massage</b>	60min	THB 1,300
A firm massage practiced for hundreds of years, designed to work the knots out and release energy into the body.	90min	THB 1,600
<b>Aromatherapy Massage</b>	60min	THB 1,700
A classic medium pressure massage that harnesses the therapeutic effects of essential oils to bring the body into balance and harmony.	90min	THB 2,100
<b>Deep Tissue Massage</b>	60min	THB 1,900
Using firm pressure, this massage will reach the deeper layers of the muscle to release tension and re-energize your core.	90min	THB 2,400
<b>Himalayan Hot Stone Massage</b>	90 min	THB 2,200
Himalayan Hot Stones are used as an extension of the therapist's hands to provide a deep sense of relaxation and improve blood circulation.		
<b>Body Balancing Massage</b>	90 min	THB 2,200
A strong – medium pressure massage that combines Eastern massage techniques to release built-up tension to overworked muscles.		
<b>Pattaya Secret Massage</b>	90 min	THB 2,200
A warm oil massage using locally sourced pure Coconut oil, to provide true relaxation and tension relief.		
<b>Herbal Compress Massage</b>	90min	THB 2,200
A herbal compress, called 'luk pra kob' which includes a selection of therapeutic herbs wrapped in muslin cloth is steamed and applied directly onto the skin to soothe tired muscles.		
<b>Indian Head Massage</b>	60min	THB 1,300
An ancient practice, Ayurveda focuses on the three 'chakras' - mind, body and spirit. This is a relaxing massage for the head and neck.		
<b>Head, Back and Shoulder Massage</b>	45min	THB 1,100
This is a firm massage designed to focus on the head, back and shoulder to release tensed muscles from a day sitting at the desk.		

### **Foot Massage**

Take the weight of your feet and enjoy some 'sole pampering' to get back that spring in your step.

30min THB 600  
60min THB 900

## **Indulge**

Satisfy your senses and indulge in our Tea Tree Signatures. Enjoy a complete package with our meticulously put together Tea Tree Signature Experience or create your own!

### **Tea Tree Signature Experience**

150min THB 3,500

The ultimate experience, this treatment will leave you with a new zest for life. An exfoliation will cleanse and leave the skin ready to receive the maximum benefits of an aromatherapy massage, during which hot stones will be applied to your back, releasing heat and energy into the muscle groups. A quick facial completes the session, leaving you radiant, hydrated and ready to face the day ahead.

30min Body Exfoliation, 90min Hot Stone Aromatherapy Massage, 30min Express Facial

### **Personally Crafted Experience**

120min THB 2,800  
150min THB 3,400

We want to be sure that you get the most out of your time with us. Tailor a personalized experience to suite your needs with a selection of core body massages and a supplement facial or foot massage, or both!

Create your own from a combination of the following:

- Express Facial (30min)
- Foot Massage (30min)
- Body Scrub (60min)
- Aloe Vera Wrap (60min)
- Dead Sea Clay Wrap (60 min)
- Aromatherapy Massage (60min)
- Traditional Thai Massage (90min)
- Deep Tissue Massage (90min)
- Pattaya Secret Massage (90min)
- Body Balancing Massage (90min)

# Pamper

Everyone needs to be spoiled once in a while. These spa treatments will be sure to wash away all worries and leave you fresh to face a new day.

**Siam Signature** 120min THB 2,200

Tried and tested through the generations, this traditional treatment is a wonderful opportunity to capture the spirit of Pattaya. This treatment combines a traditional Thai herbal hot compress and foot massage.

90min Thai Herbal Hot Compress, 30min Foot Massage

**Because You Deserve It** 150min THB 3,300

Because there are times that we should reward ourselves and indulge. Exfoliation will freshen up the skin in preparation for the relaxing aromatherapy massage followed by a rejuvenating facial. 30min Body Scrub, 90min Aroma Massage, 30min Express Facial

**Time to Glow** 120min THB 3,100

A medium pressure massage, followed by a rejuvenating facial that will hydrate your skin and leave your face with a soft glow. 60min Aromatherapy Massage, 60min Rejuvenating Facial

**Hold My Calls** 120min THB 2,700

Press pause on your hectic day. Regain composure and balance with an exfoliation, followed by a calming aromatherapy massage.

30min Body Scrub, 90min Aroma Massage

**Reenergize** 90min THB 2,200

The perfect treatment for those who need a pick me up. This massage re-energizes the body from the deeper muscle layers. Wrap up with a firm foot massages to revitalize all the pressure points on your feet.

60min Deep Tissue Massage, 30min Foot Massage

<b>Couple's Retreat</b>	120min	THB 6,000 (Per couple)
<p>Pamper yourself and your partner with a complete classic massage, a gentle foot scrub to freshen up your feet and get your blood circulation, and finally a facial to leave you glowing. 60min Aromatherapy Massage, 30min Body Scrub, 30min Express Facial</p>		

## Supplements

### FACIAL TREATMENTS BY DERMALOGICA

<b>Express Facial</b>	30min	THB 1,400
<p>Feel fresh, fast. For those tight on time – this mini facial incorporates a cleanse, tone, exfoliation and moisturize just in 30 minutes so you can look your best</p>		

<b>Intense Hydrating Facial</b>	60min	THB 2,300
<p>The classic facial, this intense hydrating facial will leave your face soft and supple as it reverses the effects of harsh air conditioning and modern lifestyles.</p>		

<b>Anti-Aging Facial</b>	60min	THB 2,600
<p>To combat your hectic travel, work and social life, this intensive facial is rich in natural antioxidants to nourish the skin and restore vitality.</p>		

<b>Men's Purifying Facial</b>	60min	THB 2,300
<p>A simple no-fuss facial to cleanse, tone and rehydrate the skin.</p>		

### BODY SCRUBS

<b>Body Scrub</b>	60min	THB 1,100
<p>To remove dead, dry skin and restore total balance to your body, mind and spirit. This rejuvenating treatment uses your choice of scrub and is a perfect preparation for other treatments to follow.</p>		

<b>Body Masque</b>	60min	THB 1,300
A Aloe Vera body masque to sooth sun burn, perfect for those who have spent a long day in the sun.		
Dear sea Clay body Cleanse to detoxify and moisture your skin.		

## **NAIL TREATMENTS BY OPI**

<b>Natural Nail – Manicure OR Pedicure</b>	60min	THB450
Nail trimming, cuticle trimming and OPI colour.		

<b>Nail Lacquer Removal</b>	30min	THB300
With nail buffing		

## **For The Special Little Someone**

### **KIDS MENU**

For children aged 6-11 years, who need a little pick me up.

<b>My First Massage</b>	30min	THB600
A relaxing massage created to introduce your child to their first massage	60min	THB1,000
<b>My First Spa Experience</b>	60min	THB1,000
A 30-min aroma massage with a 30-min mini manicure and pedicure to pamper your little one		

\*\* All children must be accompanied by a parent or guardian during their visit