

## The Tea Tree Spa

The Tea Tree or *Melaleuca Alternifolia* is a small understated shrub that has been used as an alternative medicinal treatment for centuries. Similarly, the Tea Tree Spa at Holiday Inn Pattaya is an unpretentious, calm and refreshing sanctuary from the stresses of life where you can relax the body, soothe the soul and feel the spirit soar. Whether you are here for a quick straightforward massage or to pamper yourself silly, our professional therapists are will be sure to engage your senses and ensure a positive uplift and renewal of energy.

# **Delight**

Feeling tense? Relax in the hands of our skilled therapists - perfect for those who just need to unwind.

<b>Traditional Thai Massage</b> A firm massage practiced for hundreds of years, designed to work the knots out and release energy into the body.	60min 90min 120min	THB 1,400 THB 1,700 THB 2,200
<b>Signature Aromatherapy Massage</b> A classic medium pressure massage that harnesses the therapeutic effects of essential oils to bring the body into balance and harmony.	60min 90min 120min	THB 1,700 THB 2,100 THB 2,500
<b>Deep Tissue Massage</b> Using firm pressure, this massage will reach the deeper layers of the muscle to release tension and re-energize your core.	60min 90min	THB 1,800 THB 2,200
Himalayan Hot Stone Massage Himalayan Hot Stones are used as an extension of the therapist's hands to provide a deep sense of relaxation and improve blood circulation.	90 min 120min	THB 2,200 THB 2,600
<b>Body Balancing Massage</b> A strong – medium pressure massage that combines Eastern massage techniques to release built-up tension to overworked muscles.	90 min 120min	THB 2,200 THB 2,600
Pattaya Secret Massage A warm oil massage using locally sourced pure Coconut oil, to provide true relaxation and tension relief.	90 min 120min	THB 2,200 THB 2,600
Indian Head Massage An ancient practice, Ayurveda focuses on the three 'chakras' - mind, body and spirit. This is a relaxing massage for the head and neck.	60min	THB 1,300
Head, Back and Shoulder Massage This is a firm massage designed to focus on the head, back and shoulder to release tensed muscles from a day sitting at the desk.	45min 60min	THB 1,100 THB 1,400
Foot Massage Take the weight of your feet and enjoy some 'sole pampering' to get back that spring in your step.	30min 60min	THB 600 THB 900

### Indulge

Satisfy your senses and indulge in our Tea Tree Signatures. Enjoy a complete package with our meticulously put together Tea Tree Signature Experience or create your own!

#### Tea Tree Signature Experience

150min THB 3,500

The ultimate experience, this treatment will leave you with a new zest for life. An exfoliation will cleanse and leave the skin ready to receive the maximum benefits of an aromatherapy massage, during which hot stones will be applied to your back, releasing heat and energy into the muscle groups. A quick facial completes the session, leaving you radiant, hydrated and ready to face the day ahead.

30min Body Exfoliation, 90min Hot Stone Aromatherapy Massage, 30min Express Facial

### **Personally Crafted Experience**

120min THB 2,800 150min THB 3,500

We want to be sure that you get the most out of your time with us. Tailor a personalized experience to suite your needs with a selection of core body massages and a supplement facial or foot massage, or both!

Create your own from a combination of the following:

- Express Facial (30min)
- Foot Massage (30min)
- Body Scrub (30min)
- Aloe Vera Wrap (30min)
- Dead Sea Clay Wrap (30 min)
- Signature Aromatherapy Massage (90min)
- Traditional Thai Massage (90min)
- Deep Tissue Massage (90min)
- Pattaya Secret Massage (90min)
- Body Balancing Massage (90min)

# **Pamper**

Everyone needs to be spoiled once in a while. These spa treatments will be sure to wash away all worries and leave you fresh to face a new day.

Siam Signature Tried and tested through the generations, this traditional treatment is a wonderful opportunity to capture the spirit of Pattaya. This treatment combines a traditional Thai herbal hot compress and foot massage.  90min Thai Herbal Hot Compress, 30min Foot Massage	120min	THB 2,200
Thai Touch This treatment combines a traditional Thai and hot stone massage that will help to rebalance your body and reduce stiffness. 90min Thai Massage with Hot Stone, 30min Foot Massage	120min	THB 2,400
Because You Deserve It Because there are times that we should reward ourselves and indulge. Exfoliation will freshen up the skin in preparation for the relaxing aromatherapy massage followed by a rejuvenating facial.  30min Body Scrub,30 min Body Wrap, 60min Signature Aroma Massage, 30min Express Facial	150min	THB 3,500
Time to Glow A medium pressure massage, followed by a rejuvenating facial that will hydrate your skin and leave your face with a soft glow. 60min Signature Aroma Massage, 60min Anti-aging Facial	120min	THB 3,100
Hold My Calls Press pause on your hectic day. Regain composure and balance with an exfoliation, followed by a calming aromatherapy massage. 30min Body Scrub, 60min Signature Aroma Massage	90min	THB 2,400
Reenergize The perfect treatment for those who need a pick me up. This massage re-energizes the body from the deeper muscle layers. Wrap up with a firm foot massages to revitalize all the pressure points on your feet.	90min	THB 2,400

30min Body Scrub, 60min Deep Tissue Massage

### Supplements

#### FACIAL TREATMENTS BY DERMALOGICA

Express Facial 30min THB 1,400

Feel fresh, fast. For those tight on time – this mini facial incorporates a cleanse, tone, exfoliation and moisturize just in 30 minutes so you can look your best

Anti-Aging Facial 60min THB 2,600

To combat your hectic travel, work and social life, this intensive facial is rich in natural antioxidants to nourish the skin and restore vitality.

Men's Purifying Facial 60min THB 2,300

A simple no-fuss facial to cleanse, tone and rehydrate the skin.

**BODY SCRUBS** 

**Body Scrub** 45min THB 1,100

To remove dead, dry skin and restore total balance to your body, mind and spirit. This rejuvenating treatment uses your choice of scrub and is a perfect preparation for other treatments to follow.

**Body Masque** 45min THB 1,300

Choose from:

**Aloe Vera body masque** to sooths sun burs for those who have spent a long day in the sun.

**Dead Sea Clay body Cleanse** detoxifies and moisture your skin. **Radiance Pearly and Youth masque** helps your skin look charming and nourishing.

### NAIL TREATMENTS NO COLOR

Natural Nail – Manicure OR Pedicure 45min THB450

Nail trimming, cuticle trimming and nail buffing

Nail Lacquer Removal 30min THB300

With nail buffing

## For The Special Little Someone

### KIDS MENU

For children aged 6-11 years, who need a little pick me up.

My First Massage	30min	THB600
A relaxing massage created to introduce your child to their first	60min	THB1,000
massage		
My First Spa Experience	60min	THB1,000
A 30-min aroma massage with a 30-min mini manicure and		
pedicure to pamper your little one		

<sup>\*\*</sup> All children must be accompanied by a parent or guardian during their visit