



The Tea Tree or *Melaleuca Alternifolia* is a small understated shrub that has been used as an alternative medicinal treatment for centuries.

Similarly, the Tea Tree Spa at Holiday Inn Pattaya is an unpretentious, calm and refreshing sanctuary from the stresses of life where you can relax the body, soothe the soul and feel the spirit soar.

Whether you are here for a quick straightforward massage or to pamper yourself silly, our professional therapists are will be sure to engage your senses and ensure a positive uplift and renewal of energy.

**Tea Tree Spa, Level 5, Bay Tower, Holiday Inn Pattaya**

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## Delight

Feeling tense? Relax in the hands of our skilled therapists - perfect for those who need to unwind.

### Traditional Thai Massage

A firm massage practiced for hundreds of years, designed to work the knots out and release energy into the body.

60 min

THB 1,100

90 min

THB 1,600

### Traditional Thai Massage with Herbal Compress

A herbal compress, called 'luk pra kob' which includes a selection of therapeutic herbs wrapped in muslin cloth is steamed and applied directly onto the skin to soothe tired muscles

90 min

THB 1,600

120 min

THB 2,100

### Aromatherapy Signature Massage

A classic medium pressure massage that harnesses the therapeutic effects of essential oils to bring the body into balance and harmony.

60 min

THB 1,600

90 min

THB 1,900

### Deep Tissue Massage

Using firm pressure, this massage will reach the deeper layers of the muscle to release tension and re-energize your core.

60 min

THB 1,700

90 min

THB 2,000

### Himalayan Hot Stone Massage

Himalayan Hot Stones are used as an extension of the therapist's hands to provide a deep sense of relaxation and improve blood circulation.

90 min

THB 2,100

120 min

THB 2,500

### Indian Head Massage

An ancient practice, Ayurveda focuses on the three 'chakras' - mind, body and spirit. This is a relaxing massage for the head and neck.

60 min

THB 1,000

### Head, Back and Shoulder Massage

This is a firm massage designed to focus on the head, back and shoulder to release tensed muscles from a day sitting at the desk.

60 min

THB 900

90 min

THB 1,200

### Foot Massage

Take the weight of your feet and enjoy some 'sole pampering' to get back that spring in your step.

30 min

THB 600

60 min

THB 900



Prices are inclusive of 10% service charge and 7% government tax.



## Indulge

Satisfy your senses and indulge in our Tea Tree Signatures. Enjoy a complete package with our meticulously put together Tea Tree Signature Experience or create your own!

### Tea Tree Signature Experience

150 min

THB 3,200

The ultimate experience, this treatment will leave you with a new zest for life.

An exfoliation will cleanse and leave the skin ready to receive the maximum benefits of an aromatherapy massage, during which hot stones will be applied to your back, releasing heat and energy into the muscle groups. A quick facial completes the session, leaving you radiant, hydrated and ready to face the day ahead.

30min Body Exfoliation, 90min Himalayan Hot Stone Massage, 30min Express Facial

### Personally Crafted Experience

120 min

THB 2,400

150 min

THB 2,800

We want to be sure that you get the most out of your time with us. Tailor a personalized experience to suite your needs with a selection of core body massages and a supplement facial or foot massage, or both!

Create your own from a combination of the following:

- Express Facial (30min)
- Foot Massage (30min)
- Body Scrub (30min)
- Body Wrap (30min)
- Indian Head Massage (60min)
- Head, Back and Shoulder massage (60min)
- Aromatherapy Massage (90min)
- Traditional Thai Massage (90min)
- Deep Tissue Massage (90min)
- Traditional Thai Massage with Compress (90min)
- Aromatherapy Massage with compress (90min)
- Deep Tissue Massage with compress (90min)



## Pamper

Everyone needs to be spoiled once in a while. These spa treatments will be sure to wash away all worries and leave you fresh to face a new day.

### Time to Glow

A medium pressure massage, followed by a rejuvenating facial that will hydrate your skin and leave your face with a soft glow.

60 min Thai or Aroma Massage, 60 min a choice of Facial treatment

120 min

THB 2,500

### Hold My Calls

Press pause on your hectic day. Regain composure and balance with an exfoliation, followed by a calming aromatherapy massage.

30 min Body Scrub, 60 min a Thai or Aroma Massage

90 min

THB 2,000

### Couple's Retreat

Pamper yourself and your partner with a complete classic massage, a gentle body scrub to freshen up your skin and get your blood circulation, and finally a facial to leave you glowing.

60 min Thai or Aroma Massage, 30 min Body Scrub, 30 min Express Facial

120 min

THB 5,000  
(Per couple)

# Supplements

## FACIAL TREATMENTS BY DERMALOGICA

<b>Express Facial</b> Feel fresh, fast. For those tight on time – this mini facial incorporates a cleanse, tone, exfoliation and moisturize just in 30 minutes so you can look your best	<b>30 min</b>	<b>THB 1,000</b>
<b>Intense Hydrating Facial</b> The classic facial, this intense hydrating facial will leave your face soft and supple as it reverses the effects of harsh air conditioning and modern lifestyles.	<b>60 min</b>	<b>THB 1,800</b>
<b>Anti-Aging Facial</b> To combat your hectic travel, work and social life, this intensive facial is rich in natural antioxidants to nourish the skin and restore vitality.	<b>60 min</b>	<b>THB 2,000</b>
<b>Men's Purifying Facial</b> A simple no-fuss facial to cleanse, tone and rehydrate the skin.	<b>60 min</b>	<b>THB 1,800</b>

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# Body Scrubs

<b>Body Scrub</b> To remove dead, dry skin and restore total balance to your body, mind and spirit. This rejuvenating treatment uses your choice of scrub and is a perfect preparation for other treatments to follow. ***We have four choice of body scrub***	<b>45 min</b>	<b>THB 1,000</b>
<b>Body Masque</b> An Aloe Vera body masque to sooth sun burn, perfect for those who have spent a long day in the sun. A Dead sea Clay body Cleanse to detoxify and moisture your skin. A Smooth Firming Body Mask help to booth you skin getting frim and anti-cellulite	<b>45 min</b>	<b>THB 1,000</b>

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# For The Special Little Someone

## KIDS MENU

For children aged 6-11 years, who need a little pick me up.

<b>My First Massage</b> A relaxing oil massage created to introduce your child to their first massage	<b>30 min</b> <b>60 min</b>	<b>THB 500</b> <b>THB 800</b>
<b>My First Spa Experience</b> <ul style="list-style-type: none"><li>A 30-min aroma massage with a 30-min mini Foot Massage to pamper your little one</li><li>A 45-min aroma Massage with a 15-min mini Facial Fresh Yoghurt treatment to pamper you little one</li><li>A 30-min aroma massage with a 30-min Honey Sesame seed body scrub to pamper your little one</li></ul>	<b>60 min</b> <b>60 min</b> <b>60 min</b>	<b>THB 900</b> <b>THB 900</b> <b>THB 900</b>
<b>Thai Massage</b>	<b>30 min</b>	<b>THB 500</b>

\*\* All children must be accompanied by a parent or guardian during their visit